

UNIQUE ABILITY® MINDSET SCORECARD Connecting with your uniqueness to develop your unlimited potential.

Mindsets	1	2	3	4	5	6	7	8	9	10	11	12	Score NOW	Score GOAL
1 Acknowledge & Express Uniqueness	You don't believe you're unique in any way and, when asked, you're unwilling or unable to even have a conversation about it. You're holding back and hiding out.			You notice that you're better at some activities than at others, but you think it's no big deal. You think lots of others can do exactly what you do, so who cares?			You've achieved success doing what you're good at, but you aren't tapping into your passion. You don't have a clear way of defining your uniqueness.			You truly get that you're unique. You value your own talents, understand your underlying passion, and express yourself fully. You have clarity about what sets you apart from others.				
2 Pursue Greater Self-Awareness	You have no interest in learning more about yourself. It feels like a waste of time. You're scared to dig deep because it might require you to change.			You'd like to know more about yourself, but you don't even know where to start. You rarely take time to look inward.			You're aware of what you do well and you'd like to know more, but you don't find much time or put much energy into it.			You love learning about yourself and becoming more self-aware. You actively invest in opportunities for growth. You're eager to fully develop your potential.				
3 Honesty About Self	You're trying to be someone you're not. You regularly lie to yourself about your capabilities and talents. You're faking it and living life without integrity.			You're honest about parts of your life, but not totally. You're afraid people will find out who you really are, so you keep your cards close to your chest.			You acknowledge your strengths and weaknesses, but you aren't totally transparent with everyone.			You share openly and honestly about who you really are. You're authentic and live your life with integrity.				
4 Open To Influence & Growth	You aren't interested in new ways of thinking and doing. You think you already know better, and you're not open to other people's ideas or influence.			You listen to some people around you if you think they have a good idea. You often get defensive if you make a mistake and deflect feedback.			You accept coaching from certain people, but you don't seek it out. You hang out with people who won't challenge you too much.			You're open-minded and eagerly seek out coaching. You adopt new mindsets that help you grow, and you greatly value other people's perspectives and input.				
5 Passion-Driven Courage	You're scared to take action and you don't want to change the status quo. You'd rather complain about your situation than do anything differently.			You'd like things to be different, but you don't know how to overcome the obstacles in your way. You talk about your plans but then you don't take action.			You're willing to make some changes, but not the really scary ones. You take action on your small goals but don't put yourself out there very far for fear of failure.			Driven by your passion, you're committed to taking action — despite any fears — to find ways to be free to do more activities that are fascinating and motivating to you.				
6 Value Other People's Unique Talents	You look down on others and are critical of them because they can't do what you do as easily or as quickly. You think you can and should do everything yourself.			You realize that you might not be good at everything, but you don't have a clue how to work with others and create effective teamwork.			You acknowledge you can't do everything yourself and are good at teamwork, but you're stalled. You have difficulty trusting others or haven't yet found anyone to delegate to.			You value, appreciate, and cherish other people's strengths and seek out ways to help them use their talents. You work with others in concert to create magic.				
7 Take Responsibility For Your Life & Future	Circumstances dictate your life. You're trapped by external forces that stop you from making progress. You blame others for where you are.			You wish you had a better life and can see what it might be like, but you expect others to make it happen for you, so you stay stuck.			You believe you have some control over parts of your life. You're still playing the game of life by other people's rules.			You take full responsibility for your life. You design your life around your uniqueness and don't let others stop you. You live life according to your own laws.				
8 Strive For A Better, More Meaningful Life	You don't see or feel a connection with a higher purpose. You just live your life in your own small, isolated bubble, feeling no connection with others.			You feel connected to your relationships at home and at work, but you don't see how you impact anyone beyond your personal sphere.			You believe you have a bigger purpose, but you don't really know how to define it. You regularly find new ways to improve and have a better life.			You know you're here to serve a bigger purpose, and you're clear about it. You use your talents to make a greater impact in the world and see how it connects.				

Name:

Date:

Score TOTAL